



# All about Ramadan

The Month of Mercy and Forgiveness



# Aim

- To understand what Ramadan is and why is it special.

# Success Criteria

- I can list some facts about Ramadan.
- I can explain the meaning of fasting.
- I can explain why Ramadan is special.
- I can list some of the important benefits of fasting in Ramadan.

# What Is Ramadan?

Think-Pair-Share.

Think about these questions and discuss your answers with a partner.

- What is Ramadan?
- What is fasting?
- Why Ramadan is so special?



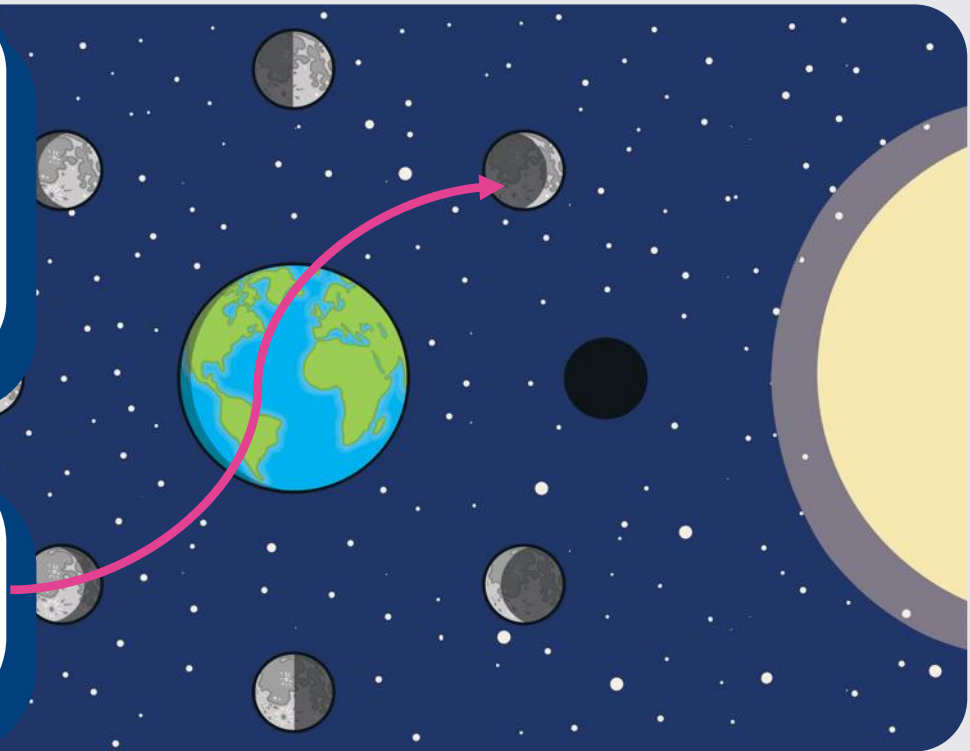
# What Is Ramadan?

Ramadan is the ninth month of the Islamic calendar.



The Islamic calendar is lunar. This means that the calendar follows the patterns of the moon, not the sun.

Ramadan begins when we see a new moon in a crescent shape in the sky.

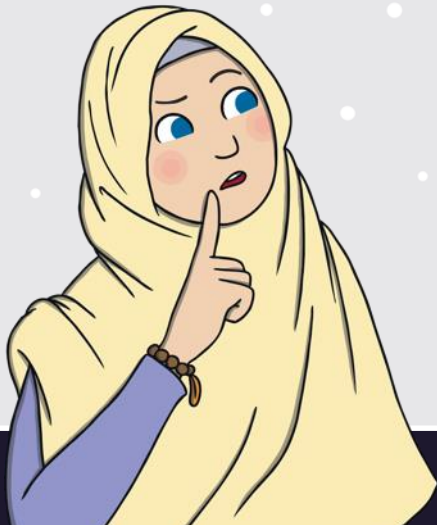




# How Many Months in the Islamic Calendar?

There are twelve months in the Islamic calendar, just like in the Gregorian calendar.

What Islamic month are we in right now?



## Islamic Months of the Year

1. Muharram

2. Safar

3. Rabee Al-Awwal

4. Rabee Al-Akhir

5. Jumada Al-Ulaa

6. Jumada Al-Akhirah

7. Rajab

8. Shaaban

9. Ramadan

10. Shawwal

11. Thul-Qidah

12. Thul-Hijjah



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# What Is Fasting?

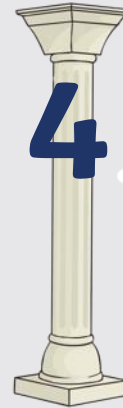
Ramadan is also the month of fasting. **Siyam** means fasting in Arabic.

Fasting in Ramadan is one of the five pillars of Islam.

Fasting is when we do not eat or drink from **Fajr**/dawn until **Maghrib**/sunset.

Healthy adult Muslims should fast during Ramadan.

Fasting is a way of worshiping Allah by not eating or drinking. We also stay away from bad deeds when we are fasting and we do extra good deeds.



## Fasting



# Why Do We Fast?

Fasting teaches us to be patient, self-disciplined and to be grateful for Allah's blessings.

When we fast and we can control ourselves from eating or drinking, this will help to train us to control any bad habits or bad deeds. It will help us to become better Muslims.

Can you think of any examples of giving up bad habits or bad deeds?



# Why Ramadan Is So Special?

During the month of Ramadan, we have the chance to gain a lot of rewards when we do good deeds.

If we do a good deed in Ramadan, the rewards will be multiplied compared to doing the same good deed in a normal month. Allah will also wipe away our sins.



During a normal month.  
**Rewards x1**



During Ramadan.  
**Rewards x70**



# Hadith

Prophet Muhammad (peace and blessings be upon him) said,  
“Whoever fasts during Ramadan out of faith and hoping to gain Allah’s reward, Allah will forgive all of his past sins.

And whoever prays throughout the nights of Ramadan out of faith and hoping to gain Allah’s reward, Allah will forgive all of his past sins.

And whoever prays throughout the night of Al-Qadr out of faith and hoping to gain Allah’s reward, Allah will forgive all of his past sins.”

- Narrated by Al-Bukhari and Muslim.



# What Is the Night of Al-Qadr?

**Laylat Al-Qadr** or the Night of Power is one special night that comes in Ramadan.



This was the night when the Qur'an was first sent down to Prophet Muhammad (peace and blessing be upon him).

This night comes on one of the last ten nights of the month of Ramadan. We pray extra hard during this time because the reward of praying during the Night of Power is equal to praying for 1,000 months!

How many years is that?



# What Are the Benefits of Fasting?

The month of Ramadan is a month of worship and training for us. It a great chance to ask Allah for forgiveness. Here are some of the most important benefits of fasting in Ramadan:



To gain Allah's rewards and forgiveness.



To train us to have patience and self-control.



To make us more humble and appreciate the blessings that Allah has given us.



To train us to maintain good manners.



To have a healthier body and a stronger mind.



# What Can We Do During Ramadan?

To make the most out of this special month you can do the following:



Fast from dawn until sunset.



Pray more.



Read the Qur'an more regularly.



Give up bad habits.



Give more charity.



# Reflection

Make a list of your Ramadan goals.

List five good deeds you want to do during Ramadan and another five bad habits you want to give up during Ramadan.



## My Ramadan Goals

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



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