

Aspirations

*“Shoot for the moon.
Even if you miss,
you’ll land among the stars”
- Les Brown*



What Are Aspirations?

When you hear the word 'aspiration', what does it make you think of?

Aspirations are our hopes or dreams of achieving something. If we have clear aspirations, it can help us plan to achieve our goals.



Why Should We Try to Be Aspirational?

It is important that we have aspirations to help us reach our full potential.

If we can aspire to do or be something, it can help us to work out what steps to take to get there.

It can also help to keep us motivated when things don't go according to plan.

Aspirations help us to develop ways to overcome these obstacles.



Who Are Some Aspirational People? How Did They Achieve Their Goals?

Marcus Rashford is now a successful professional footballer. However, when he was a child, his family relied on free school meals and the kindness of others to keep them fed, despite his mum working extremely hard to support them.



Marcus worked hard on his training to become a footballer, joining the academy system at just seven years old.

During the COVID-19 lock down, he successfully persuaded the UK government to continue to provide food vouchers to children during the summer holidays.

In addition, he is leading a taskforce (in conjunction with supermarkets and food manufacturers) to help reduce child food poverty, ensuring that fewer children go hungry.

How Do Aspirational People Achieve Their Goals?

Think about the example that we have looked at. How did Marcus Rashford, or any other aspirational people that you thought of, achieve their goals?

They set their expectations high.

They thought about the steps that they needed to take to get there.

They were resilient and kept going, even when times were tough.

They used their influence and experience to further their cause.



Don't Forget...

Remember to aim high to reach your full potential.

Put in time and effort to achieve your goals.



Dream big and picture yourself succeeding.

Reveal the Picture

Jobs

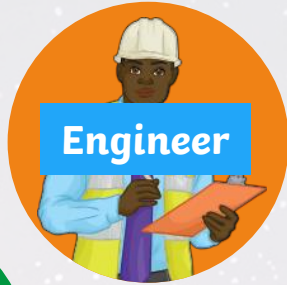
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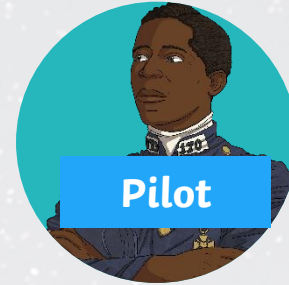
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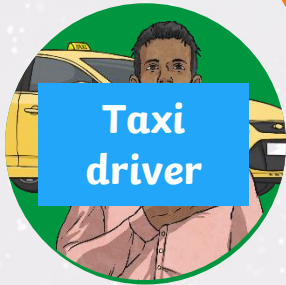
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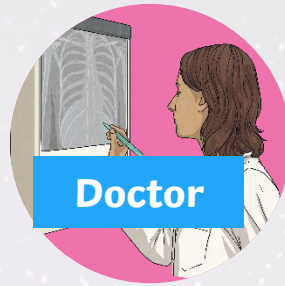
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Pilot



Taxi driver



Doctor



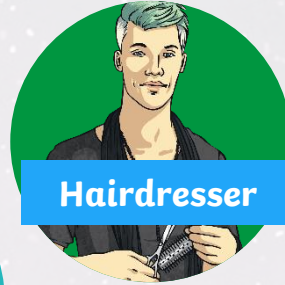
Singer



Police officer



Builder



Hairdresser



Scientist



Chef



Firefighter



Manager



Accountant



Nurse



Dentist

Who Is It?

1

6

11

2

18

10

17

5

14

7

4

15

8

3

12

16

9

13

19

20

Answer

Who Is It?

8	5	3	2	7
17	4	6	12	18
10	13	1	11	14
9	16	15	20	19

Answer

Who Is It?

8	5	3	2	7
17	4	6	12	18
10	13	1	11	14
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Answer

